

SEPTEMBER 2017



St. Bernadette's CES

5279 Black River Road,
Sutton West, ON.
LOE 1R0

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Trustee: Theresa McNichol
Superintendent: Opiyo Oloya
Principal: Christine deHaas
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Follow us on Twitter @sbe_ycdsb

Dear Families of St. Bernadette's CES,

September has been a very busy and productive month at St. Bernadette's CES. Routines have been clearly established and we thank you for following our safe school expectations. Please remember that all parents and guardians should never be in the school hallways without signing in at the office and wearing a volunteer badge. Should you wish to speak to a teacher, you are asked to call the school and arrange a mutually convenient time to meet with the staff member.

I wish to thank all of the parents and staff for participating in our first Catholic School Council meeting. We are excited to build the home-school-parish partnership and we are looking forward to identifying goals to support our children's achievement and well being. Our next meeting is on Monday October 16th at 7:00 pm in the multi-purpose room. Please

do not hesitate to contact our Chair Debi Wennekes or our Vice -Chair Kathleen Cooper for more information.

Congratulations to last year's Catholic School Council on the completion of the first phase of the Kindergarten enhancement project. The work was completed in mid September and the Kindergarten students now have a larger naturalized area to play. We will continue working on improving and naturalizing our school yard.

Special thank you to Mrs. Quinn, Mrs. Phipp, Ms. Ponzio and Mrs. Arsenault for organizing the Terry Fox Run with students from Black River School. Students visited each province, as was Terry's dream and had their passport stamped. We are honoured to continue his legacy. Thank you for your support for Cancer Research.

Our first school Mass will be celebrated by Father Sherwin on Monday October 2nd at 10:45 am. Special thank you to Mrs. Ewing's Grade 1/2, Mrs. Slaven's Grade 2/3 and the choir led by Mme. Parisi. All parents and guardians are welcome to attend the Thanksgiving Mass. I was thrilled to learn that the Parish Knights of Columbus have commissioned Klobucar Fine Arts to design and create a painting of St. Bernadette for our school foyer. We are grateful for their support and commitment to Catholic Education and will keep you apprised as the work progresses. October continues to be a busy month as we delve into curriculum expectations and learning. Please read through the newsletter and do not hesitate to contact me at the school if you have any questions.

Wishing you and your family a blessed Thanksgiving, Mrs. deHaas, Principal

Mission Statement

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Vision Statement

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Core Values



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Thanksgiving Blessing

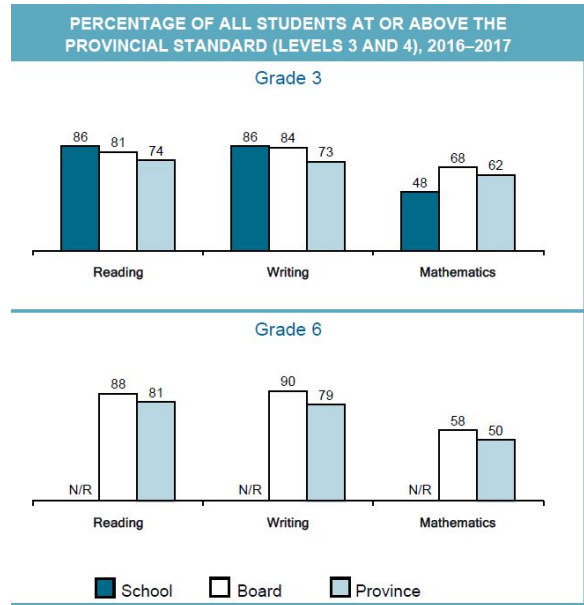
Come, Lord Jesus, our guest to be
 And bless these gifts
 Bestowed by Thee.
 And bless our loved ones everywhere,
 And keep them in Your loving care.
 Amen



EQAO Data

I am pleased to share our school's 2016-17 EQAO data. As school community, this data is used to plan goals in our Student Improvement Learning Cycle for Student Achievement and Well Being (SILCSAW). Please note, that the Grade 6 data was not reportable as there were fewer than 10 students participating in the assessment.

The Renewed Math Strategy will continue to be a focus for our teachers and students this year and our School Improvement goals will be shared in November through the newsletter and at the Catholic School Council meeting. More information can be found by visiting www.eqao.com



Mark your calendars

- Monday October 2nd @ 10:45 Thanksgiving Mass
- October 5th - World Teacher's Day
- October 9th - Happy Thanksgiving
- October 11th - Cross Country Bruce's Mill
- October 12 - GEM Theatre Family Movie
- October 16-Catholic School Council Mtg @ 7:00pm
- October 19 - Big Kid Entertainment @ 1:30
- October 20 - PA Day
- October 31- Happy Halloween

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York Catholic District School Board Land Acknowledgment

School Boards across Ontario are demonstrating their commitment to Truth and Reconciliation by providing Land Acknowledgements that honour Indigenous Peoples and traditional lands. At the York Catholic District School Board (YCDSB), we echo the Canadian Conference of Catholic Bishops (CCCB) and the Assembly of Catholic Bishops of Ontario (ACBO) in their response to the Calls to Action through the Truth and Reconciliation Commission.

It is in this response that YCDSB acknowledges that for thousands of years, Indigenous Peoples have lived on this land. Acknowledging the territory where we gather and the people who have traditionally called this land home is one of the ways the YCDSB is participating in the actions necessary for Truth and Reconciliation.

YCDSB's First Nations, Métis and Inuit Steering Committee (Indigenous Elders and YCDSB Board and school staff) developed a Land Acknowledgement Statement. This statement is inclusive of all Indigenous Peoples. It honours those who have walked this land, in the past, present, and those who will walk it in the future. It is a respectful validation of the recommendations of the Truth and Reconciliation Commission.

The YCDSB Land Acknowledgement will be embedded as a distinct school practice and will be recited at all large school community gatherings.

It reads:

We are gathered on the ancestral lands and waters of all Indigenous Peoples, who have left their footprints on Mother Earth before us.

We respectfully acknowledge those who have walked on it, those who walk on it now, and future generations who have yet to walk upon it.

We pray to the Creator for strength and wisdom that all may continue to serve as stewards of the Earth.

For more information about the YCDSB Land Acknowledgement, please contact:

Michael Way Skinner or
Shannon Ulgiati
FNMI Lead
FNMI Steering Committee Chair
905.713.1211 ext. 13616
905.713.1211 ext. 13641



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More fruits and veggies please

Canada's Food Guide recommends that children four to 13 years of age eat at least five to six servings of fruits and vegetables each day. One serving includes a medium piece of fresh fruit, half cup of cooked vegetables or one cup of salad.

How to help your child eat more fruit and vegetables:

- Include fruit at breakfast; try adding half cup of banana slices or berries to cereal
- Include fruit and vegetables in lunch bags daily
- Keep washed fruit and vegetable sticks ready where children can easily reach them
- Serve a healthy snack after school that includes a fruit or vegetable; try serving fresh fruit slices with cheese or yogurt
- Set a good example by eating lots of vegetables and fruit yourself

For more information about creating a healthy school food culture, visit brightbites.ca

This material is provided by York Region Public Health

Renewed Math Strategy

Did you know?

Research shows that early math literacy helps children to succeed in school and improves their future career

70 percent of Canada's top jobs require science, technology, engineering, and math (STEM) education. This includes careers we may not expect, such as culinary arts, animation and fitness.

When children are positively engaged and successful, they are more likely to stick with an activity and keep searching for a solution to a problem.

Early success in problem-solving will build your child's confidence.

Why "Mathitude" Matters

Positive thinking

Students who are encouraged to have a positive attitude about math from an early age will develop positive feelings about the subject.

Keep them engaged

Students who are engaged in the learning process will learn more and be open to further learning.

Motivation

Students who believe that math is important for their future will be more motivated to learn math.

Build confidence

Students who feel confident in their own ability to do well in math will be more likely to perform well.

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Parent involvement and math achievement “How can I help?”

Be positive

Choose your words carefully. When parents (and other adults) say they aren't good at math—sometimes to make children feel better—they may be giving children permission to stop learning.

Avoid math anxiety

Math anxiety (unproductive tension and stress) is real and occurs in children as well as adults. Pressure from timed tests and the risk of failure are major sources of math anxiety. Try not to over-react when your child makes a mistake. Making mistakes is an important part of learning!

Learn from mistakes

Homework time can be a more positive experience if you help your children learn from mistakes: praise their efforts, ask them to explain their answer, ask them to think about why the mistake happened, and encourage them to try again.

Help set the tone

Be relaxed and engaged as your child does math homework. You are not expected to be an expert, but you can offer support and ask questions: “How did

you do that?”; “Why did you do that?”; “How do you know if you are right or wrong?”; and “Would you teach me how to do another question like this one?”

Be patient and build confidence

If your child becomes frustrated, stop. Remind them of things that they have already learned how to do successfully, such as riding a bicycle or playing a musical instrument.

Ask a teacher

Ask your child's teacher or other member of the teaching team for strategies to use at home. If your child asks for help and you do not know the answer, be honest and say, “I don't know but let's figure it out together. If we can't, we'll ask your teacher for help together so we can both learn.”

Make math part of everyday life!

“What are some math activities I can do to support my child's math learning at home?”

Math games

On no-homework days, quiet evenings, and during vacations, play math games. Math puzzles and games can show that math is fun. They also require trial-and-error thinking, enhance numeracy and logical thinking, and

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promote discussion. Many mathematicians say a love of puzzles and games inspired their math abilities.

Math on TV

Watch educational television programs. Many offer websites with activities to do together, including free games, apps, math crafts, and songs.

Math at the grocery store

Take your child grocery shopping. The grocery store is full of great math opportunities. You can talk to your child about how to weigh fruit on a scale or how to estimate the total cost of items as you fill your cart.

Math in computer games

If your children enjoy playing on the computer, introduce them to fun and educational web-based games, such as “Mathfrog” and “Calculation Nation.”

Recommended Resources

There is a wealth of information on the internet in addition to the links and other resources listed below. For an up-to-date list, please check our website.

Family Math Canada

<http://familymathcanada.org/>

Doing Mathematics with Your Child, Kindergarten to Grade 6, A Parent Guide (Ontario Ministry of Education, 2014)

<http://edu.gov.on.ca/eng/literacynumeracy/parentGuideNumEn.pdf>

Parent Resources (Education, Quality and Accountability Office)

<http://eqao.com/Parents/parents.aspx?Lang=E>

Mathies, a website designed for Ontario K–12 students and parents

<http://mathies.ca/>

TVOParents Resources to support math learning at home.

<http://tvoparents.tvo.org/topic/school-learning-/1185/math>

TVOKids Shows about math for children aged 6 to 11.

<http://tvoparents.tvo.org/article/tvokids-shows-ages.6-11-teaching-math>

Calculation Nation (NCTM)

<http://calculationnation.nctm.org/>

Illuminations Games, PreK-Gr 12 (NCTM)

<http://illuminations.nctm.org/allgames.aspx>

Mathfrog

<http://cemc2.math.uwaterloo.ca/mathfrog>

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